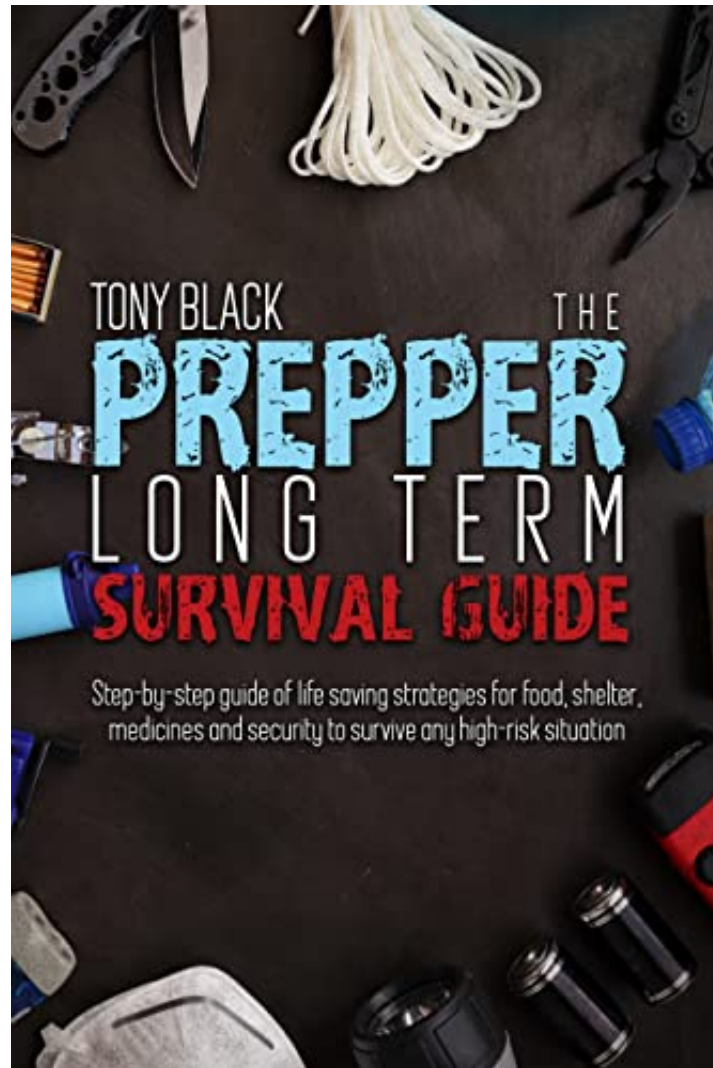


The book was found

The Prepper Long Term Survival Guide: A Guide to Help You Build Basic Needs for Self-Sufficient Living Including Shelter, Food, Security, and Alternative Energy Sources



[DOWNLOAD E-BOOK](#)

Synopsis

& BE PREPARED FOR THE WORST & Are you afraid of being unprepared for a disaster without the ability to protect yourself? Do you want to keep yourself and those you love safe by providing them with shelter, food, water and warmth? If your answer was a resounding "YES", then keep reading... Natural disasters, terrorist attacks, nuclear war, pandemic... anything could happen and you need to be prepared and know what to do in case of injury, not having food, water or shelter. When danger arrives at our doorstep, we are given two options: either to be overwhelmed by the situation, failing to ensure our own survival and that of our loved ones, or to ACT, creating a bombproof shelter that is safe and welcoming. So, for you who are looking for all the answers to your worries, The prepper long term survival guide provides all the information you need to survive even the apocalypse! In this book you will find out how: Manage your shelter as best you can, stocking it with all the necessary supplies of food and water for as long as you need to live there. Store your food as well as possible to avoid losing valuable supplies. Prepare duffel bags containing the essentials to be able to react to dangerous situations in zero time. Stock the shelter with the right medicines to be able to deal with any unforeseen medical problems. BONUS: Off-grid living. The strategies and methods included in this guide can help people of all ages improve their chances of survival in high-risk situations. Like any other skill, being prepared and knowing how to read in risky situations can be learned and mastered with the right guidance and action. It's up to you to take the first step! Scroll up, click on "Buy Now" and start preparing to protect your family to the fullest!

Look inside the book

THE PREPPER LONG TERM SURVIVAL GUIDE A Guide to Help you Build Basic Needs for Self-Sufficient Living Including Shelter, Food, Security, and Alternative Energy Sources By: Tony Black © Copyright 2021 by TONY BLACK- All rights reserved. This document is geared towards providing exact and reliable information in regards to the topic and issue covered. The publication is sold with the idea that the publisher is not required to render accounting, officially permitted, or otherwise, qualified services. If advice is necessary, legal or professional, a practiced individual in the profession should be ordered. From a Declaration of Principles which was accepted and approved equally by a Committee of the American Bar Association and a Committee of Publishers and Associations. In no way is it legal to reproduce, duplicate, or transmit any part of this document in either electronic means or printed format. Recording of this publication is strictly prohibited, and any storage of this document is not allowed unless with written permission from the publisher. All rights reserved. The information provided herein is stated to be truthful and consistent. In terms of inattention or otherwise, any liability, by any usage or abuse of any policies, processes, or directions contained within is the solitary and utter responsibility of the recipient reader. Under no circumstances will any legal responsibility or blame be held against the publisher for reparation, damages, or monetary loss due to the information herein, either directly or indirectly. Respective authors own all copyrights not held by the publisher. The information herein is offered for informational purposes solely and is universal as such. The presentation of the information is without a contract or any guarantee assurance. The trademarks used are without any consent, and the publication of the trademark is without permission or backing by the trademark owner. All trademarks and brands within this book are for clarifying purposes only and are owned by the owners themselves, not affiliated with this document.

Table of Contents

Introduction

Chapter 1: Learning From History

1.1 Pandemics

1.2 Famine

1.3 The Collapse Of The Economy

1.4 Strange Occurrences

1.5 New Madrid Earthquake

1.6 Caldera of Yellowstone

1.7 Pulse of Electromagnetic Energy (Emp)

1.8 Terrorism And War

Chapter 2: Food And How To Avoid Starvation?

2.1 Food Preservation

2.2 Food Production and Raising

2.3 Foraging for Edibles in the Wild

2.4 Trapping, Hunting, and Fishing

2.5 Preserving Food

2.6 Methods of Food Preparation

2.7 Cookware

Chapter 3: Water Management When There Is Not A Drop to Drink

3.1 Water Retention and Storage

3.2 Wells

3.3 Rainwater Capture and Reuse Systems

3.4 Water Sources in the Wild

3.5 Both Filtration and Disinfection are Required

Chapter 4: First Aid

4.1 Medical Education and Training

4.2 Treatment of Wounds

4.3 Purchased First Aid Kits vs. Do-It-Yourself First Aid Kits

4.4 Medications

4.5 Medical Supplies and Equipment

4.6 Natural Treatments and Remedies

4.7 The Medicine Cabinet of the Prepper

Chapter 5: Keeping Warm And Constructing A Shelter

5.1 Clothing

5.2 Home, Your Shelter

5.3 Keeping Yourself Cool In Off Grid Living

Chapter 6: Essential Tools and Gears

6.1 Demolition Tools

6.2 Cleaning Tools

6.3 Garden Tools

6.4 Firewood Tools

6.5 Lighting

6.6 Protective Gear

Chapter 7: Self Defense

7.1 Defensive Weapons

7.2 Structure Hardening

7.3 Perimeter Defense

7.4 Early-warning Systems

7.5 Traps and Funneling

7.6 Situational Awareness

Chapter 8: Urban Considerations

8.1 Planning

8.2 Preparation

8.3 Training and then Practice

8.4 Protection

8.5 Communication

8.6 A Haven Of Safety

Chapter 9: Continuous Learning

9.1 Taking Engine-Repair Training Courses

9.2 Veterinary Care

9.3 What Is Rappelling Climbing and How Does It Work?

Chapter 10: Off-Grid Living

10.1 Constructing Your Shelter

10.2 Building a Seed Bank

10.3 Picking Land

10.4 Life with No Electricity

10.5 Homestead Water Supply Options

10.6 Methods of Composting

10.7 Gardening

10.8 Waste Management

10.9 Raising Animals in an Off-Grid Environment

10.10 Methods of Preserving

and Keeping food

10.11 Trapping, Fishing, and Hunting

10.12 Essential Tools

10.13 Home Medical and First-aid Kit

10.14 Basic Rules for Surviving in the Wilderness

Conclusion

Introduction

If you toss a dart while blindfolded at a bookshop these days, you're much more likely to strike anything related to survival. Prepping subjects abound on the shelves. To learn more about the importance of having additional batteries for flashlights and making sure you have the newest and greatest water filtration system, visit your favorite online bookshop. However, things weren't always like this. Back in the day, at the heights of the Cold War, only books about survival available were those that focused on wilderness survival techniques. That kind of stuff. Things like how to construct a debris house and start a fire till you can be rescued. We researched, and then we put our learnings into action. We assembled an unfathomable number of kits for survival in various forms, sizes, and combinations for our team. We learned how to do the shooting, filter water, and prepare food and supplies for a survival situation. Fast forward a few decades, and preparation has risen to the level of public acceptance. It was only inevitable that authors of all stripes got on the metaphorical bandwagon as soon as this occurred. The vast majority of these books have been and continue to be fantastic resources, but several others have been less than perfect. Time and time again, the books and guides advise readers precisely what they should do until electricity is restored, some assistance comes, or until they can make their way back to civilization after being separated from society. Among the many lists of the bug-out bag, items are instructions on how to fix a broken leg using paracord and a stick and eighty-five different methods to create a fire and fix a broken leg. But what if the power goes out and the lights never turn back on? Is it possible that there will never be any help? This long-term situation has always been absent in survival nonfiction, and it continues to be so now. Until now, that is. If you have it in your possession, this is the secret to surviving months, even years after the original calamity. We intend to go much beyond bugging out and instead concentrate on being self-sufficient in the event of a catastrophic disaster. Of course, most of the information in this book is still relevant today, when things are as normal as they can be, as opposed to after EMP knocks down the power system from coast to coast and the country as a whole. The first few chapters may not be the most appropriate place to begin if you are completely new to preparation. Look anywhere on a bookshelf if your primary interest is in being better prepared in the event of a power outage that lasts many days. Continue reading if, on the other hand, you are foresighted enough to recognize that a food stockpile sufficient to survive even a single month might not be sufficient to withstand the length of a pandemic. If civilization collapses around your ears and you are worried about how you will maintain your relatives alive and secure, this book is exactly what you are looking for. Let's take a trek to the far end of the preparation path to see what we can find. Instead of delving into the blizzards, wind storms, and being stuck in the woods, we'll go straight into long-term survival preparation. Never fear; we will be there alongside you the whole time. We will make every effort to ensure that you do not get disoriented along the route.

Chapter 1: Learning From History

You've arrived at the end of the world. When we speak about long-term events, we're talking about disasters that essentially put civilization to a standstill, along with all the turmoil and uncertainty it entails. Although devastating in their way, Tornadoes and hurricanes don't cause the same kind of social collapse that we're talking about here. Fortunately, these occurrences are rare, but it takes a long time to recover to any normality when they do. Let's start by looking at some historical instances to help demonstrate the argument.

1.1 Pandemics

Pandemics are diseases that afflict a large number of people and traverse national or international borders. To put it another way, a large number of individuals throughout a large region have all been afflicted with the same illness. This isn't simply a case

of a school district becoming infected with the sniffles. When many people think of pandemics, the first thing that springs to mind is the Black Death, also known as the Black Plague. While an exact death toll is hard to calculate, historians estimate that the Black Death killed up to 200 million people between 1347 and 1350. In only three years, it wiped off up to 60% of Europe's total population. The bubonic plague epidemic began in or around China and moved via the Silk Road to Europe. Fleas carried on the backs of rats that infected all trade ships aided in spreading the illness. Allow those figures to settle in for a minute. The plague claimed the lives of over 200 million people. To put it in context, the United States' population was projected to be at 314 million people in 2012. Imagine what life would be like if two-thirds of the population of the United States perished within a few years. How long do you think it will take for life to return to a more normal state? According to some scholars, Europe required around 150 years to recover its footing. Is it possible that something similar may occur today? With all of our current medical knowledge and superior technology, the powers that be should be able to immediately halt an infectious illness from spreading out of hand, right? Consider this, though: HIV/AIDS has been circulating since 1981, and no treatment has been discovered.

1.2 Famine

Famine is described as a widespread scarcity of food that results in a rapid rise in regional deaths. Something causes crop failure or restricts the quantity of food accessible in a certain location over time in some manner. A long-term drought, for example, might result in a substantial shortage of food crops. Political upheavals, such as when an oppressive administration has a detrimental impact on food delivery, may also cause famine. Both environmental and political forces may sometimes collide, resulting in a perfect storm of food shortages. North Korea was hit by a series of catastrophic floods in July 1995. Crops, arable land, and, probably most significantly, emergency food supplies were all devastated by the flooding. North Korea could not bring in resources from outside the nation due to its unstable political situation and failing economy. While exact counts may never be known due to the lack of accurate information from North Korea, estimates vary from one million to three million fatalities directly caused by hunger. We may now live in a land of abundance, but what if the ever-changing environment takes a turn for the worst, resulting in major crop failures? Even one or two disastrous seasons may have a domino effect, sending the nation into a spiral.

1.3 The Collapse Of The Economy

Economic collapse is possibly the most difficult to identify of the numerous sorts of long-term calamities. Many conditions, such as hyperinflation or a long economic crisis resulting in huge bankruptcies and massive unemployment, would fit under this umbrella. Whatever the source, nearly all economic failures are accompanied by widespread public upheaval. In 1998, Russia's economy collapsed, resulting in bank closures and widespread commodity shortages. Inflation reached an all-time high of 84 percent. Inflation in the United States is now averaging at 1.6 percent. Food prices increased by about 100%, but the ruble fell in value. As banks collapsed, millions of individuals saw their entire life savings vanish. The Russians who lived in cities suffered the most. They were forced to wait in lengthy lines for the most minimal goods since they had no cultivated crops to nourish them. The elderly who relies on pensions have suddenly lost access to much-needed funds. Hospitals were also impacted, with already low medicine supplies being drastically reduced. While the Russian economy did recover the following year swiftly due to higher oil prices, we do not believe they are entirely out of the woods now. What would you do if the government suddenly froze your bank account? What if the money you were able to scrape together was almost worthless?

1.4 Strange Occurrences

Economic collapse and pandemics aren't something that happens overnight. There is generally a chain of events that brings us from Point A to Point B and on down the line, albeit it may be unnoticed at the moment. However, history has seen

occurrences that happened so unexpectedly and had such far-reaching consequences that they seem almost unbelievable. Mount Tambora, situated on the Indonesian island of Sumbawa, erupted fiercely in 1815. This is still the most powerful volcanic outburst ever recorded. The eruption column reached a height of nearly 28 miles, spilling about sixty cubic miles of dust and debris. The ash that was sprayed into the atmosphere resembled a nuclear winter. Temperatures throughout the world have been dropping for a year or more. Falling temperatures resulted in the so-called "Year Without a Summer." The unusual cold destroyed many crops. Frosts were observed in New York in June 1816. In July and August, lake ice was seen in Pennsylvania. Only 10% of the crops sown in certain locations were finally harvested. The price of grains increased, as a result, doubling in some locations. What kind of disasters do you think the future will bring? What events will have the greatest impact on the future of the world? Let's look at some of the most plausible candidates.

1.5 New Madrid Earthquake

When most people hear the term "earthquake," they instantly think of California. The New Madrid fault runs along the Midwest's southeastern border. It stretches 150 miles from Illinois to Tennessee, passing through Missouri, Arkansas, and Tennessee. Over the previous four decades, thousands of earthquakes have been documented in this region, most of which were far too minor to feel by locals. In 1811–1812, however, this was far from the situation. Two quakes rocked this seismic zone on December 16, 1811, which set off a chain reaction. These tremors were so strong that they could be felt hundreds of kilometers away. They cracked pavements in Washington, DC, and caused church bells in Boston to clang.

1.6 Caldera of Yellowstone

While the general public is growing more aware of the hazard, many people are still unaware that Old Faithful, the world's most famous geyser, sits atop a massive underground volcano. Consider a massive subsurface magma or molten rock bubble. If the bubble is emptied, such as by an eruption, the ground above it may collapse. This is referred to as a caldera. A super volcano erupted 640,000 years ago, resulting in the formation of the Yellowstone Caldera. While no scientists were there to take notes, experts estimate that the eruption sent 240 cubic miles of ash and debris into the atmosphere. We're talking about a truly end-of-life-as-we-know-it scenario if another such eruption occurs at Yellowstone, which many experts believe is long overdue. It would usher in a mini-Ice Age throughout the globe. The amount of solar radiation that reaches the Earth's surface would be negligible. In most areas, there would be no growing season at all, at least not shortly. For days, if not weeks, ash would fall like snow. Because of all the smoke and particles floating about, the air quality would suffer tremendously.

1.7 Pulse of Electromagnetic Energy (Emp)

We've all had power outages at some point. It's just a few hours, so it's not a huge problem. Pain in the back for a few days, but it was manageable. But what if the lights were never turned on again? An EMP is essentially a brief burst of electromagnetic radiation. It results in electrical current surges, which may harm a variety of equipment. Surge suppressors are often used to protect electronics against lightning strikes, although they would be of limited help in a massive EMP hit. According to congressional assessments, as few as two small nuclear weapons detonated in the correct areas could knock out 70% or more of our electrical infrastructure. Several nations now possess this technical capacity, with more expected to join the list shortly. This is one of the reasons why we feel a bit tense when countries like North Korea want to launch rockets. The second way an EMP may strike us is if the sun sends out a geomagnetic storm. The Carrington Event occurred in 1859, and it is still remembered today. The Earth was showered in a coronal mass ejection from the sun in September of that year. Are you familiar with the aurora borealis? The Carrington Event was witnessed as far away from the poles as Hawaii and Cuba when that light display is generally restricted to northern places like Alaska or Norway. However, there were some

drawbacks to those lovely lights. Telegraph systems were severely damaged, with some even catching fire. Those telegraphs were, of course, the pinnacle of technology at the time. This was before the widespread use of electric equipment. Cities, for example, did not begin installing electric lights until the early 1900s. Do you want to wager on how awful things may become if a comparable solar storm struck today or if a terrorist group had an EMP device? Consider how reliant we are on power these days. Everything from our alarm clocks to the TV that broadcasts the news and weather forecast to our all-powerful smartphones that keep us linked to the rest of the world will be made worthless in the blink of an eye. Some people behave as if it's the end of the world if Facebook goes down for an hour. The impact would not be restricted to modern amenities such as laptops and alarm clocks. Almost everything with electronics would be rendered useless. Automobiles, trucks, and contemporary train systems would all come to a halt. I know I wouldn't want to be on a flight if an EMP occurred.

1.8 Terrorism And War

Leaving politics aside, terrorist activities and open vows of war continue to be a continual threat. It instills anxiety, apprehension, and turmoil. Of course, we still have to worry about another country attacking us with nuclear weapons, conventional weapons, or even the EMP devices mentioned before. While we would undoubtedly victory in such a fight, we would almost certainly incur considerable damage. The chances are also considering that the consequences of such an assault would be long-lasting. In general, as technology progresses, weapons get more powerful, not less. The damage and loss of life might be immense if a foreign entity launched a missile attack and even one or two managed to get past our defenses. Does this imply that you should be concerned about what's to come? There isn't a straightforward solution to that question. Yes, there is a chance that something may happen during your lifetime that will flip the world, or at least your world, on its head. That should probably frighten you a little. But, for the time being, you have the luxury of being able to take action and create preparations, putting you in a better position than you are now if the worst happens.

Chapter 2: Food And How To Avoid Starvation?

It should go without saying that food is essential. Your body will not operate correctly, if at all, without fuel. Food, unlike water, has a very slim chance of dropping from the sky. However, for most people, stockpiling enough food to sustain even one person for a year or more, much alone a whole family, is just not practicable or practical. Even if you could afford it, where would you put everything? Sure, investing in a few pallets of freeze-dried food may help alleviate some of the storage issues. It's an excellent method to compress a large number of calories into a little area. But here's something you'll never see addressed in freeze-dried food catalogs. Your digestive system will suffer if you eat that item regularly. Not to mention that many of them contain a lot of salt, which may raise your blood pressure and cause other problems. Your stomach will be satisfied, but the rest of you will be disintegrating. You'll be better off diversifying your eating plans and not putting all your eggs in one basket, as you would with most other things. Food storage, food growing and rearing, and natural food sources such as scavenging, hunting, fishing, and trapping are all choices. We'll go through each of these possibilities in further depth, as well as food storage and cooking techniques.

2.1 Food Preservation

When planning for long-term occurrences, three months of food storage should be your minimum target. If supplemented with wild foods, garden vegetables, and other goods, this stockpile should last six months or more. The purpose of keeping some food on hand is to provide a cushion. You'll have something to fall back on if the garden doesn't yield enough due to weather concerns or the local pond is rapidly fished out until you can get over the hump. Canned and packaged items and dry grains, pasta, and beans should be kept in the pantry. If at all feasible, you desire a broad range of meals. It would help if you also focused on the meals that your family

appreciates. Listed below are a few examples: Long-grain or wild rice should not be stored because the oils in the husks will become rancid. Beans: When meat isn't an option, beans are a fantastic source of protein. Meats from cans and pouches: even if your hunting or trapping isn't going well, you can still make a great supper. Dry Pasta: if kept dry, this pasta can survive almost indefinitely. It's also a wonderful filler. Canned Vegetables and Fruits: while not as delicious as fresh, canned vegetables and fruits will deliver essential vitamins and minerals. Most canned items can keep for a year or more if kept cold and dry. This is why you should only preserve items that your family consumes right now since you'll want to rotate out the canned products before they expire. Any bulging or rusted cans you retrieve from the pantry should be thrown. Soups and Stews: because of their simplicity, you're likely to make a lot of soups and stews. In a nutshell, you put whatever food you have in a pot of water and let it simmer for a while. Bouillon cubes will significantly improve the taste of your soups. Another great alternative is dehydrated soup mixes, such as those found in pouches. They'll last for a long time and produce a lot; if you have the water, you'll need to boil them. Baking Mixes: don't forget to stock up on baking mixes. Instead of milk, eggs, and shortening, look for types that need the addition of water. A good lunch consists of a substantial bean stew and a platter of hot biscuits. Cooking Oils: vegetable oils, rather than lard or shortening, will last longer in the refrigerator. Oils can help you get the fats you need in your diet. Sprouts: these are abundant in nutrients and relatively simple to cultivate. Although you may sprout several seeds and beans, mung beans, alfalfa, and clover have milder tastes. Soak the seeds overnight in a transparent container after rinsing them in clean water. Drain the water (rather than wasting it), and then washing and draining the seeds two or three times a day will keep the seeds wet. You'll have a fresh crop of sprouts to add to salads or consume as a side dish in three to five days. Seeds or beans suitable for this use may be found at health food shops. They should provide any particular instructions that may be required. Herbs and Spices: in addition to preserving meals, keep in mind that items like herbs, spices, and gravy mixes may all assist in making the food more appealing. If you haven't cooked from scratch before, now is the time to learn, rather than wait until your hungry family gazes at you, hoping for something tasty.

[Download to continue reading...](#)

The Prepper Long Term Survival Guide A Guide to Help you poop, The Prepper Long Term Survival Guide A Guide to Help you learn, The Prepper Long Term Survival Guide A Guide to Help you sleep, The Prepper Long Term Survival Guide A Guide to help you, The Prepper Long Term Survival Guide A Guide to survival, The Prepper Long Term Survival Guide a guide, The Prepper Long Term Survival guide pdf, The Prepper Long Term survival food, The Prepper Long Term survival rate, the provident prepper long term food storage, the preppers long term survival guide, preppers longterm survival guide, preppers longterm survival guide pdf, the long dark wintermute prepper cache, where are the prepper supplies in fortnite, where does the prepper princess live, the long dark prepper cache interloper, the first prepper death stranding, the long survival movie, the canadian prepper youtube, The Prepper Stop, the prepper princess, the sweet belle prepper, the prepper website, the prepper zombiu

The Prepper's Survival Bible: 6 in 1 A Practical Guide to Protect Your Family During any Disaster. Home-Defense, Off-the-Grid Power, Stockpiling, Shelters and other Life-Saving Strategies. Bonus PDF!, The Ultimate Prepper's Survival Bible: A Life-Saving Guide to Be Totally Prepared for the Worst Disasters. The Best Strategies for Home-Defense, Survival

Medicine, Stockpiling, Canning, and More, Foraging Made Easy: The Complete Beginner's Guide: 5 Steps to Locate, Identify, Harvest, Prepare and Preserve 26 Wild Edible Foods Even With No Prior Experience, A Survival Guide. The Prepper's Pantry: Acquiring, Stockpiling and Storing Food: Long-Term Storage, and Cooking Life-Saving Supply Food for Self-Sufficiency ... Recipes) (Self-Sufficient Living Book 3), 40 Healing Plants and Herbs: The Medicine Chest of Native American Tribes (Medicinal and Edible Plants and Herbs - Learning from our Natural Environment), The Backyard Homestead Book for a Self-Sufficient Lifestyle. For Beginners: A Step-by-Step Planning Guide for Starting Your Own Mini-Farm, Growing Your ... and Animals (Self-Sufficient Living 2), COPYCAT RECIPES COOKBOOK: THE TASTY DISHES FROM THE MOST NOTORIOUS COFFS TO MAKE AT HOME, The Prepper's Survival Bible: 10 in 1 | Foods to Stockpile, Security, Shelter, Off-the-Grid Power and Survival Techniques to Surviving Anywhere, Super-Quick Bisquick Cookbook: Bisquick Recipes You Didn't Know Were This Easy to Make!, Smart Sourdough: The No-Starter, No-Waste, No-Cheat, No-Fail Way to Make Naturally Fermented Bread in 24 Hours or Less with a Home Proofer, Instant Pot, Slow Cooker, Sous Vide Cooker, or Other Warmer, How to Grow: Strawberries in Containers, Year Round Solar Greenhouse: Step-By-Step Guide to Design And Build Your Own Passive Solar Greenhouse in 30 Days Without Drowning in a Sea of Technical Jargon (Self Sufficient Survival), Survival Medical Handbook: A Complete Beginners Guide to Prepare for Any Emergency When You Are Off Grid | Includes First Aid and Natural Remedies (Self Sufficient Living Book 4), OFF-GRID SOLAR POWER FOR BEGINNERS: 2 in 1 Collection | Easy Guide on How to Get Started with Solar Power Generation for your Home, RVs, Vans, Cabins, or Boats, 51 Weird Private Investigator Tricks That Actually Work: How to Trick, Track, Find and Follow Someone Like a Pro, The Essential Herb Gardening Handbook: How Any Home Cook Can Grow Flavors from Around the World - Tips to Sow, Grow, Harvest, and Cook 20 Popular Herbs, Hydroponics: The Simple Guide to Hydroponics Gardening For Beginners, Grow Organic Vegetables, Fruits and Herbs to save time and money!(Hydrofarm, Homesteading, Aquaculture, Aquaponics, Horticulture), The Self-Sufficient Backyard: A Complete Guide to Start Your Own Sustainable Backyard Mini Farm, Kickstart Your Homestead Garden And Produce All the Food You Need Off the Grid, Tactical Combat Casualty Care and Wound Treatment, POCKET FIELD GUIDE: Survival Book of Lists, OFF-GRID LIVING: 3 in 1 Collection | Prepare to Leave the Modern Civilization. A starter Guide for Anyone Thinking About a Self-Sufficient Living

What people say about this book

Amanda Lynn, "How to prep for long term. Most people prep for short term items (hurricanes, power outages and even job losses). This book will teach you how to prep for long term. This can be everything from long term job loss, to a vast change to society. It will show you how to do everything from food to medicine to alternative power sources. It's a nice thing to learn and try to prep for in advance in hopes that you never have to use it"

A D, "Become more optimistic. I like to write scenarios of survivor so I purchase this book to learn how to prepare for different situations. They provide many life-saving strategies concerning food, shelter, medicine and security. I hope to never use them but glad to have some ideas."

The book has a rating of 5 out of 4.0. 18 people have provided feedback.

Introduction Chapter 1: Learning From History Chapter 2: Food And How To Avoid Starvation?
Chapter 3: Water Management When There Is Not A Drop to Drink Chapter 4: First Aid
Chapter 5: Keeping Warm And Constructing A Shelter Chapter 6: Essential Tools and Gears
Chapter 7: Self Defense Chapter 8: Urban Considerations Chapter 9: Continuous Learning
Chapter 10: Off-Grid Living Conclusion

Book Information

Language: English

File size: 7947 KB

Simultaneous device usage: Unlimited

Text-to-Speech: Enabled

Screen Reader: Supported

Enhanced typesetting: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Print length: 127 pages

Lending: Enabled

[DMCA](#)